



# CAMHD Newsletter

## Chief's Message



Happy Holidays and Happy New Year!!!

Whew! 2004... what an exciting year of successes!! We've seen great accomplishments for the Division, the provider network, and the children and families we serve.

Through the CAMHD 2004 Annual Report we learned that we are making significant life-altering changes for those children and families we serve. Children are showing functional improvements from our services, and they are showing these improvements twice as quickly as 2 years ago! Please visit the CAMHD website to read about the wonderful changes we are making. (<http://hawaii.gov/health/mental-health/index.html>)

We've brought Hawaii's child and adolescent mental health

system to the forefront of the country. Our collaborative effort to support the use of evidence based services has been recognized by the American Academy of Child and Adolescent Psychiatry, National Association of State Mental Health Program Directors, National Research Institute, and many other states requesting technical assistance.

We've successfully bridged the chasm of family centered planning and individualized service delivery with evidence based decision-making. It's an integration that's been challenging to achieve, and may be even more challenging to sustain across time.

By earning a 96% on the external monitoring review, we've demonstrated that we can perform responsibly and productively as a managed care entity for QUEST SEBD youth.

CAMHD was awarded a federal grant to work with agencies in developing strong practice to mini-

mize use of seclusion and restraint in residential programs. We're looking forward to implementing this grant with our provider partners.

These are only but a few of the 2004 accomplishments for which we can all be grateful. I'm sure there are many deserving to be listed, should space permit.

I'm looking forward to 2005 with great anticipation. With all of us working together we create an energizing, effective and exciting partnership. I look forward to our growing relationship - planning together, serving together, managing together and achieving results together.

May all the seasons of your life be filled with peace and happiness. My best to you and yours,

**Tina**

### Inside this issue:

Chief's Corner	1
Bobby Benson Highlight	2
Hale Opio Highlight	3
Kid's Behavioral Health Highlight	3
Ku'uilei's Corner	4

**CAMHD Newsletter Editor: Kuulei Wilton**  
**Assistant Editor: Kris Jenkins**



# The Bobby Benson Center



The Bobby Benson Center (BBC), a non-profit, private corporation owned by the Bobby Benson Foundation opened its doors in September of 1990 to treat chemically dependent adolescents in a residential setting. The CAMHD first contracted with the BBC in July 1999 for community-based residential treatment services for youth experiencing serious emotional/behavioral disturbance disorders.

Located on several acres on the outskirts of Kahuku on the North Shore of Oahu, far from the typical areas where clients have engaged in high-risk behaviors, the BBC continues to provide community-based residential services to CAMHD consumers.

The mission of the BBC is to free youth of Hawaii from the disease of chemical dependency through development and implementation of state-of-the-art residential treatment programs. The goal of BBC is to return teens to their schools and communities with the skills to remain drug and alcohol free and to mature successfully in today's world.

The Bobby Benson Center admits teens between the ages of 13 and 17 who are suffering

from alcohol or drug dependence. Dual-diagnosed clients are eligible for treatment at the Center when psychiatrically stable. Eighteen-year-old clients are considered for admission if they are developmentally more suited for treatment with adolescents than with adults.

Jeffrie L. Wagner, MA, MFT, CSAC, serves as the Executive Director at the center. He has over 15 years of experience in the field of addiction. Jeff received his Masters in Professional Counseling at Argosy University in Honolulu, Hawaii and his Bachelors in Psychology at Hawaii Pacific University in Honolulu, Hawaii. As a Certified Substance Abuse Counselor and background in the practice of Marriage & Family Therapy, Jeff has worked extensively with community coalitions and has directed programs targeting addictions and substance use prevention. Jeff also has 20 years of experience in business administration and business management at the corporate level. He and his wife, Helen, have owned and operated a small service business in Hawaii for over 15 years.

Some of the past clients from the Bobby Benson Center keep in touch with their counselors via e-mail and letters. BBC heard from one client who joined the military and is currently stationed in Guam with his wife and 8 children. He e-mailed us to

let us know that, with the help of the Bobby Benson Center he was able to turn his life around and be successful in the US Army. Most recently we heard from two other clients who called to let us know that they had graduated from high school and are currently enrolled in local community colleges. Both are living at home with their parents after successfully completing the program at the Bobby Benson Center.

More information on the Bobby Benson Center can be found on their website at:  
<http://www.bobbybenson.com>

## *Our Provider Ohana*

CAMHD would like to recognize its providers statewide who provide timely and effective mental health services to keiki with emotional and behavioral challenges and their ohana. Together CAMHD, including its eight Family Guidance Centers and twenty-one contracted provider agencies provide crisis response, intensive care coordination, intensive home and community-based, and out of home services. In this issue we are highlighting two agencies providing community-based residential services, Kids Behavioral Health and the Bobby Benson Center. We are also highlighting Hale 'Opio Kauai provider of therapeutic foster homes, respite homes and therapeutic group home services. Mahalo to these agencies and their commitment to serve the keiki and their ohana of Hawaii.



Hale 'Opio Kauai has been providing a continuum of services for children with serious emotional and behavioral needs, and their families of Hawaii since 1975.

Mary Lou Barela is the Executive Director of the Hale Opio Kauai. Mary Lou has been with the agency since 1977 managing the business affairs of the agency, designing and implementing administrative and organizational procedures, providing quality management programs, coordinating activities with the Board of Directors, developing relations ships

## Hale 'Opio Kaua'i

### In-community Programs for Children, Youth and Families

and collaborating with private and public agencies in the community and statewide. Mary Lou is a very integral part of this agency's mission statement and philosophy. She has actively participated in the community through professional activities such as being a board member of the Wilcox Hospital Foundation, the Kauai Rural Development Project, the Island School and the Community Council on Purchases of Health and Human Services and various professional organizations. She and her staff are dedicated to serving the youth and their families of the Kauai community.

#### Mission Statement:

Embracing children and youth entrusted to our care. We provide

residential and community programs for education, prevention, diversion and treatment. Our services are dedicated to improving quality of life, enhancing a sense of belonging, increasing self-awareness and strengthening "ohana."

#### Hale 'Opio's Philosophy

We provide culturally sensitive, family-centered, strengths-based, collaborative services with the needs of the children determining services.

Visit Hale 'Opio's website at  
<http://www.haleopio.org/>  
for more information.



Kids Behavioral Health (KBH) provides a community based residential program designed to support youth in their quest to become functional and productive members of the community. Located in Hilo, Hawaii KBH's program "Pu'ukamalu" provides a 32 bed adolescent residential treatment center for youth 11 -18 years of age.

#### Mission Statement:

To provide educational and treatment services to the Youth of Hawai'i which guide them to live enriched, responsible lives; to meet or exceed the needs of our customers; and to provide a rewarding work environment for our staff. The staff recognizes the resiliency of youth and is



committed to meeting the mental and emotional needs of our youth and their families.

The manner in which we carry this out is by providing a safe and peaceful place to make a difference in the lives of our residents, to build self-esteem, to provide examples of what can be done and must be done to move beyond Pu'ukamalu by sharing personal successes and by being role models of success and caring.

#### Pu'ukamalu's Vision:

**Kuila i ka mu'u**, Strive to the highest.

The vision of the program is to guide the youth to **seek the right path** "*Ike pono*". The vision represents the resident's ability to search out the best way to reconnect with their culture values and

apply them righteously while in the program and beyond. Pu'ukamalu incorporates the following twelve Hawaiian Cultural values into their programming.

**Hoalahia** (to waken),  
**Aloha** (love, greeting),  
**Laulima** (cooperation),  
**Hookipa** (hospitality)  
**Hooponopono** (to put in order),  
**Holomua** (to move forward),  
**Imi Naauao** (to seek knowledge),  
**Hoihi** (to treat with respect),  
**Malama** (to care for),  
**Kuleana** (responsibility)  
**Lokomaikai** (generosity),  
**Lokahi** (unity)

#### More Information:

Pu'ukamalu is owned by Kids Behavioral Health, LLC of Reno, Nevada and is part of their Network of Services for troubled youth.

Visit their website at  
<http://www.puukamalu.com>  
for more information.

## **Ku'ulei's Korner:**

As the CAMHD Provider Relations Liaison Kuulei Wilton is the person to call when provider agencies have specific questions or concerns. She will seek answers to such queries and respond to providers in a timely manner. Ku'ulei's Korner will be a regular column in the CAMHD newsletter where provider questions and answers will be shared with readers.

**Q: What do providers do when clients on meds are discharged and call the program's doctor later asking for prescriptions?**

**A:** Once the consumer is discharged the provider is no longer responsible to prescribe medications. If a youth is SEBD and covered by

Medicaid or MedQuest, the pharmacy charges are fully covered (no co-pay). The FGC Mental Health Care Coordinator is point person to assure all is in place around transitions between programs.

**Q: Can you please clarify the standard regarding time frame for release of discharge summary ?**

**A:** "A written discharge summary is completed within one (1) week of service termination. The discharge summary shall include the duration of service, level(s) of care, youth's adjustment, significant problems or concerns that arose, significant youth and family accomplishments, the transition process and status of the youth in relation to the prescribed mental health treatment plan." See Interagency Performance Standards and Practice Guidelines (IPSPG) Section 1, General Performance Standards, page 11 (Section 1.H.3.)

**Q: Whose responsibility is it to ensure that the client who is referred to the provider agency has medical insurance in place? Is it the agency's or FGC's?**

**A:** The FGC Mental Health Care Coordinator (MHCC) is responsible to obtain a copy of the consumer's medical insurance information for the client's file. The CC tracks consumer's insurance and any update information.

**Q: What about medical bills that are not covered during the process? If clients found to be eligible later can the cost be retro'd?**

**A:** The parent or guardian should contact his/her insurance company to determine coverage and also any possible retroactive reimbursement.

Please visit the Child and Adolescent Mental Health Division website at <http://www.state.hi.us/health/camhd>  
Here you will find the latest updates, reports, policies and procedures and other happenings.



3627 Kilauea Avenue, Room 101  
Honolulu, Hawaii 96816

Phone: 808-733-9333

Fax: 808-733-7357

Email: [hkwilton@camhmis.health.state.hi.us](mailto:hkwilton@camhmis.health.state.hi.us)

CHILD & ADOLESCENT MENTAL  
HEALTH DIVISION PROVIDES  
TIMELY AND ACCESSIBLE MENTAL  
HEALTH SERVICES TO  
EMOTIONALLY DISTURBED YOUTH  
AND THEIR FAMILIES WITHIN A  
SYSTEM OF CARE FOUNDED UPON  
HAWAII'S CASSP PRINCIPLES AND  
EVIDENCE-BASED PRACTICE, WITH  
A COMMITMENT TO CONTINUOUS  
MONITORING AND EVALUATION  
FOR EFFECTIVENESS AND  
EFFICIENCY.